

ADDICTION

Open your Bible and read Daniel 1:1-20

What do you think this text says about alcohol?

My answer: _____

What do you think Daniel's motivation was for not drinking?

My answer: _____

What are your arguments for/against alcohol?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

ADDICTION

Open your Bible and read 1 Corinthians 6:12-20

How come everything is permissible for us, you think?

My answer: _____

How can something control you in your life?

My answer: _____

What kind of things is it easy to be addicted to?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

ADDICTION

Open your Bible and read Luke 4:1-13

How did Jesus react to temptations, as you see it?

My answer: _____

What kind of temptations are you faced with in your everyday life?

My answer: _____

Why do you think it is important to fill your time with something positive instead of negative habits?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

ADDICTION

Open your Bible and read Proverbs 20:1-30

Mention 4 things from the text that can be an addiction.

My answer: _____

Can you find at least one good advice in the text, which you need to implement in your life?

My answer: _____

How can you help a friend who is addicted to either alcohol, too much sleep, or telling lies?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

♥ LOVE ♥

Open your Bible and read Songs of Solomon 2:1-17

Have you ever fallen in love? Describe the feeling?

My answer: _____

Are you surprised to find texts like these in the Bible? Why/why not?

My answer: _____

What do you think is the symbolic meaning behind this text?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

♥ LOVE ♥

Open your Bible and read Romans 12:1-21

How «should» siblings love each other, according to you?

My answer: _____

Describe how you can show love towards someone else, for real.

My answer: _____

Describe what makes you experience love.

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

♥ LOVE ♥

Open your Bible and read Luke 6:20-49

What kind of people do you love the most?

My answer: _____

What is your biggest challenge with loving your enemies, and who are they?

My answer: _____

What can other people around you do to make you feel loved?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

♥ LOVE ♥

Open your Bible and read 1 Samuel 20:1-43

Which characteristics are important for you in a best friend?

My answer: _____

How much are you willing to sacrifice for your best friends?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

FORGIVENESS

Open your Bible and read 2 Chronicles 33:1-17

How does it feel to be forgiven something dreadful you have done?

My answer: _____

What do you think made Manasseh suddenly turn to God?

My answer: _____

Do you think it is easy or not so easy to fall back into old habits after being forgiven? Do you have any examples?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

FORGIVENESS

Open your Bible and read Luke 18:9-14

What do you think are the requirements for forgiveness?

My answer: _____

Why do you think it is so hard to forgive?

My answer: _____

How would you describe God's forgiveness based on this parable?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

FORGIVENESS

Open your Bible and read Psalm 51:1-21

What do you think is required to receive God's forgiveness?

My answer: _____

What have you done, that made you go up to someone and ask for their forgiveness? How does your feelings change after being forgiven?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

FORGIVENESS

Open your Bible and read Ephesians 4:17-32

Why do you think it is so important to be able to forgive others?

My answer: _____

What can forgiveness do to our health?

My answer: _____

Why is it important for me to understand God's forgiveness?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

PARTY

Open your Bible and read Luke 22:7-23

How can the Passover meal be seen as a celebration? What do you think they were celebrating?

My answer: _____

Do you think Jesus was for or against partying? Why/why not?

My answer: _____

What importance do you think this text has for us today?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

PARTY

Open your Bible and read Romans 13:8-14

What do you think this text means?

My answer: _____

Read verses 13-14 again. Do you think this means that we should not have parties?

My answer: _____

Why do you think it is not good for me to «party»?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

PARTY

Open your Bible and read Revelation 19:1-10

Do you think the Bible ever says there is a time to celebrate and party?

My answer: _____

What do you think is the main reason that God and the angels are celebrating in this text?

My answer: _____

What are some of your good reasons to celebrate?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

PARTY

Open your Bible and read 2 Samuel 6:1-22

What do you think David's motivation was to dance like he did?

My answer: _____

How will you describe a real party with only 5 words?

My answer: _____

Does it matter how other people see you when you are partying? Why/why not?

My answer: _____

At what point will you say a party goes from being a good one to become a bad one?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

WORSHIP

Open your Bible and read Matthew 12:1-15

What do you think is appropriate to do on the Sabbath?

My answer: _____

How can you show empathy as an expression of worship?

My answer: _____

On a scale from 1-10, how important would you say the Sabbath is, and why?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

WORSHIP

Open your Bible and read Exodus 20:1-24

How do you prefer to worship God?

My answer: _____

How often do you think you as a Christian, individually or in community, should worship God?

My answer: _____

What if a Christian never worships God?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

WORSHIP

Open your Bible and read Revelation 4:1-11

How do you think the angels are worshipping God?

My answer: _____

Why do you think our worship is important to God?

My answer: _____

Describe how you think we'll worship God when we get to heaven with only 3 words.

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

WORSHIP

Open your Bible and read Daniel 6:1-29

Why do you think Daniel didn't just close his window?

My answer: _____

Why can't we just be Christians without going public about it, you think?

My answer: _____

How can you tell/show your non-Christian friends glimpses of who God is?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

believe in yourself

Open your Bible and read Romans 7:7-25

What do you think this text is talking about when it says God's law and the law of sin?

My answer: _____

Have you ever experienced not doing what you want to do, or doing what you didn't want to do? If so, what? How did it feel?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

believe in yourself

Open your Bible and read Exodus 3:1-4:17

How can bad self-esteem be a hindrance in your life?

My answer: _____

How can I learn to see myself as God sees me?

My answer: _____

What do you think made Moses feel he was not qualified?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

Open your Bible and read Mark 5:21-43

believe in yourself

What do you think was the woman with the bleedings motivation to see Jesus?

My answer: _____

How does the way you portray yourself affect the way you act?

My answer: _____

How much do you think you are worth in God's eyes?

My answer: _____

Given the love God has for you, do you think you should treat yourself differently?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

believe in yourself

Open your Bible and read Psalm 139:1-24

Describe with 3 words, how it makes you feel, knowing that God created you and loves you just the way you are.

My answer: _____

What do you think about the fact that there's someone out there that knows everything about you?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

sexuality

Open your Bible and read Genesis 1:26-2:25

Why do you think God created humans to be male and female?

My answer: _____

What do you think it means to be fruitful and multiply?

My answer: _____

Why do you think God created the union of two people?

My answer: _____

What is new/surprised
me reading this?

What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

sexuality

Open your Bible and read Ephesians 5:21-33

Do women and men think in the same way? Why or why not?

My answer: _____

Would you say that the man and the lady are equal in a relationship? Why or why not?

My answer: _____

Why do you think Paul writes about men showing love and women showing respect?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

sexuality

Open your Bible and read Songs of Solomon 4:1-16

How do you understand the text you just read?

My answer: _____

What makes you physically attracted to another person?

My answer: _____

What do you think is most important: physical attraction, attractive personality, emotional attraction, spiritual attraction, or a combination? Explain why.

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

sexuality

Open your Bible and read Judges 16:4-22

Why do you think Dalila so badly wanted to be in a relationship with Samson?

My answer: _____

What do you think should be your motivation for being in a relationship with another person?

My answer: _____

How would you treat a person you are willing to die for?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

MENTAL HEALTH

Open your Bible and read Lamentations 3:1-66

Have you ever been in a situation where you really felt like God listened to your prayer?

My answer: _____

What is it that helps you to keep a positive spirit when feeling hopeless?

My answer: _____

Read verses 21-23 again. How does it make you feel, knowing that we can believe in a God who gives us a new chance every day?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

MENTAL HEALTH

Open your Bible and read Philippians 4:4-9

What can worrying do to me? And why is it so important NOT to worry?

My answer: _____

Mention the two things that worries you the most, and the two things that makes you the happiest person ever.

My answer: _____

Describe God's peace.

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

MENTAL HEALTH

Open your Bible and read Matthew 5:1-12

How do you understand the word «blessed» in this context?

My answer: _____

How can I best comfort someone who is filled with sorrow?

My answer: _____

To whom do you think mercy will be bestowed upon and why?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

MENTAL HEALTH

Open your Bible and read Job 1:6-2:10

What feeling do you turn to when you experience something difficult and painful?

My answer: _____

Why do you think Job never blamed God after all the bad things he experienced?

My answer: _____

How can you grow a faith and such a strong mental health like Job?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

RESPONSIBILITY

Open your Bible and read Matthew 25:14-46

What talents do you have that you can use for others?

My answer: _____

Do you think we have any responsibility for others? Why/why not?

My answer: _____

What can we practically do?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

RESPONSIBILITY

Open your Bible and read Esther 3:12-4:17

What do you think motivated Esther to stand up for her people?

My answer: _____

How important, on a scale from 1-10, is it to stick to your responsibility even when a good result is not guaranteed? Explain why.

My answer: _____

Why do you think people are so scared of commitment and taking responsibility?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

RESPONSIBILITY

Open your Bible and read Colossians 3:1-25

Am I responsible for how other people portray God? Why/why not?

My answer: _____

If nobody sees what you are doing, do you think it matters if you are true to your responsibility or not, as long as the job is done? Why/why not?

My answer: _____

Which of the verses you just read stands out to you the most and why?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

RESPONSIBILITY

Open your Bible and read Judges 4:1-16

Have you ever, like Barak, been afraid of taking the responsibility you're asked to take?

My answer: _____

When have you stood up to take responsibility, and what was the result of it?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

BOUNDARIES

Open your Bible and read John 4:1-42

What do you think made it so revolutionary for Jesus to have a conversation with this woman?

My answer: _____

Why do you think it is important to have principles/boundaries?

My answer: _____

Can you think of any situation in society today where we should cross boundaries?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

BOUNDARIES

Open your Bible and read Genesis 39:1-20

How do you think Josef managed to stand up against the temptation of having sex with Potiphar's sexy wife?

My answer: _____

Are your boundaries defined by your faith or the society? Explain why.

My answer: _____

How do you respect your own boundaries, despite temptations?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

BOUNDARIES

Open your Bible and read Galatians 3:1-29

Do you think the Bible is a set of strict boundaries or cheerful promises? Explain.

My answer: _____

What kind of boundaries are important to you?

My answer: _____

Do you have the right to set boundaries for yourself and your life? Why/why not?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

BOUNDARIES

Open your Bible and read Isaiah 11:1-10

When thinking about the new earth, what is most groundbreaking to you and why?

My answer: _____

Looking at verse 3, how do you go about looking and talking behind other's back? Be honest!

My answer: _____

How can reading the Bible help me be clear on my boundaries?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can share this with others, or do something practically.

What does it mean to me in my life?

It's not fair! Or is it?

Open your Bible and read Psalm 140:1-14

Do you think this world is ever going to be just?

My answer: _____

Why do you think there is so much injustice in this world?

My answer: _____

When, if ever, do you think there will be justice for all?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

It's not fair! Or is it?

Open your Bible and read Ruth 1:1-23

What do you think was so unfair about Ruth's situation?

My answer: _____

How much are you willing to sacrifice to stand up for someone in an unfair situation?

My answer: _____

What can you do to prevent injustice in your group of friends?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

It's not fair! Or is it?

Open your Bible and read Matthew 13:24-30

What do you think is the symbolic meaning of the weeds and the wheat in this text?

My answer: _____

Can you think of any examples where God's justice is different than human justice?

My answer: _____

What situations do you find the most unjust in the world today?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

It's not fair! Or is it?

Open your Bible and read James 2:1-13

What is your immediate reaction to something you think is unfair?

My answer: _____

On a scale from 1-10, how hard do you find it to treat people totally equally?

Explain why?

My answer: _____

Have you ever been treated unjust? How did it make you react?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

{LEADERSHIP}

Open your Bible and read 1 Timothy 4:6-16

Is there an age limit to how young a leader in the church can be?

My answer: _____

What talent/skills do you have, that can benefit your church?

My answer: _____

Would you be willing to lead something in your church? If so, what? Be creative!

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

{LEADERSHIP}

Open your Bible and read Proverbs 27:1-12

How will you describe a real friend?

My answer: _____

How can good advice from a good friend be of help to you?

My answer: _____

How do you think friendship and leadership can complement each other?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

{LEADERSHIP}

Open your Bible and read Hebrews 11:1-40

Who among the big leaders in the Bible is your biggest hero, and why?

My answer: _____

Do these people mentioned in this text have something common in their way of leadership?

My answer: _____

What do you think is the most challenging part of being a leader?

My answer: _____

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?

{LEADERSHIP}

Open your Bible and read Joshua 1:1-18

Joshua was a strong and good leader for the Israelites, but what do you think was his biggest fear taking on this leadership role?

My answer: _____

What is the best leadership tip you can get from this text, and why?

My answer: _____

Do we only have positive leadership examples in the Bible? If no, why?

What is new/surprised
me reading this?



What did I like/dislike?



Write/draw something about how you can
share this with others, or do something
practically.

What does it mean to me in
my life?